

**Preparing for
Employment/Work
Experience**

CV Writing

Developing Independence

Application Writing

Interview Skills

**Preparing for Transitions,
College Visits & Learning
Support Meetings**

Confidence Building

Developing Resilience

**Mental wellbeing, resilience
and overcoming anxiety**

Communication Skills

**Understanding Career
Pathways**

**Post 16 options that considers
my needs**

Preparing for Employment

- What to expect from certain environments?
- Expectations from Employer
- Work Code of Conduct
- Work Hours- Part-time/Full-time
- Employment Options- 0 hours contract, part-time, full-time
- Understanding my rights- letter of support, disability confident employers, reasonable adjustments