

National Development Team for inclusion



Special Educational Needs & Disability



Workbook to accompany the Vocational Profile form for use in schools and colleges

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Introduction

This workbook accompanies the recently piloted vocational profile form for use with young people from year 9 though to adulthood. It explains the purpose of the vocational profile tool and provides several additional tools that are likely to be helpful in making the conversation about work easier and more enjoyable for young people with special educational needs.

Purpose of the vocational profile form

The vocational profile form allows the collection of information that would be helpful to support a young person with special educational needs or disabilities into work. It is likely to be of most relevance for young people who would struggle to find and keep a job. It can be used prior to any work placement to ensure that there is as close a match as possible between the young person's aspirations, interests and skills and the work setting and job role. It is therefore likely to be a useful tool in the provision of Information, advice and guidance services.

The vocational profile form is intended to be used in conjunction with the person centred planning tool: My Future, My Choice. The latter having been completed before the vocational profile form to get a clear sense of general life aspirations. The vocational profile will focus in on specific things that are important to know before any work related activity commences. Cross references to similar topics covered by My Future, My Choice have been included on the vocational profile form so that the option to 'cut and paste' is provided should relevant up to date information exist on the person centred planning tool.

The vocational profile should be completed with the young person, ideally, by someone with whom the young person is familiar. It should not be completed by the young person alone even if this would be possible. It is important to have a conversation about what the individual is thinking and to ensure that sufficient detail is collected. It can be done in one 'sitting' but is probably best done over time as part of the school or college curriculum. During piloting of the tool, teachers and a careers advisor commented that it could be used as part of the PSHE lessons, one to one tutorial sessions and would usefully feed into planning meetings. Some of the tools in this workbook could also be used in numeracy or literacy classes, as for example, they involve calculating change required when buying something (Section 7) or reading a leaflet or simple letter relating to an interview. (Section 8)

continued ... Page 1 of 2 The information collected on the vocational profile feeds into the young person's education, health and care plan; the form can be appended to the plan whilst the summary sheet should be included under the Employment heading. The person completing the form with the young person should fill in the summary sheet immediately and give it to the young person and subject to their consent, copies to their tutor, Lead Practitioner, Youth Connect Worker and parents.

The vocational profile carries the same confidentiality and consent issues as the education, health and care plan and it will be important to ensure that young people know the vocational profile belongs to them and they can share it with whom they wish. If there are plans to share the information with others such as a supported employment agency, explicit agreement to do so will be needed.

As with education, health and care plans, it will be important to review the vocational profile often and particularly if new experiences or skills occur that are relevant to work. The form should always be reviewed if the young person has had a work experience placement as previous likes/dislikes and capacity to do certain tasks may well change.

The contents of the remainder of the workbook are as follows:

- 3. The summary sheet to be completed after the vocational profile is filled in
- 5. Photographs that depict different work settings that directly link to those listed on page 13 of the vocational profile form
- 5a. A list of job options and tasks that are associated with the different settings listed on page 12 of the vocational profile
- 6. Clip art images showing a range of possible leisure interests and hobbies from which a young person can select one or more options
- 7. Some exercises about the use of money
- 8. A fictitious letter about a potential job interview (to check reading) and a leaflet about Rake and Grow (a Sirona scheme)
- 9. Sample bus timetable in large print and a sample rail timetable simple format
- 10. A mock curriculum vitae
- 11. Exercises about judging time for journeys

At various points on the vocational profile form it is indicated that further information for the supporter is available in the workbook.

This symbol shows that pictures are available to increase accessibility of the form.



Vocational Profile

Helping us to find the right job for you

This profile is designed to be filled out with the young person.



Other resources to use with this profile

• The workbook, which contains images that will help some young people to think about and answer the questions in this vocational profile. It also contains useful information for anyone completing this form with a young person. Not everyone will need to use the pictures.



• The Summary sheet (section 11) should be completed after this form has been filled in. This should be included in the young person's EHC plan.

Your full name:

Your	age	

Your address:





What is the best way for us to contact you?

(tick one or more boxes)



Tell us here what type of home you live in. For example: a shared house, with my family, in my own flat



What kind of area do you live in? For example, is it a quiet area, friendly/unfriendly, are there shops/ businesses nearby? Some relevant information is likely to be included in the My Future, My Choice document





Are there any shops, clubs or other places that you or your family often use?



How close to a bus stop or train station do you live?



Tell us here how much family/learning support you get each week.



What type of clothes do you like to wear?

- do you like to look smart or dress more casual?
- would you be happy wearing a uniform?



For example: your diet, clothing, or religious holidays

What activities do you really enjoy? This can be hobbies, sports, leisure or work activities.

T-shirt

See Section 6



of the workbook.

Some relevant information is likely to be included in the My Future, My Choice document



What things are you really good at? This can be things at home or at work

Some relevant information is likely to be included in the My Future, My Choice document in the Gift Map section.



Who are the people who are important to you? Please list them.

of your family, friends, learning support people, advocate, community nurse and any other people you know through clubs or the religious organisations.

Please tell us what kinds of jobs (if any) your family and friends have.



People you know through clubs and societies

Name	Type of work/place of work

Have you ever thought about getting a Saturday or holiday job?

YES / NO

If yes, what kind?

Voluntary / Paid

What kind of setting? Please say more below

Please tell us about any health conditions that may affect your work

Some relevant information is likely to be included in the My Future, My Choice document under My Health

For example, do you have eczema, diabetes, asthma or do you take medicine regularly?



Please also say if you may need help with medication in a workplace.

Do you have any issues with any of the following ::things? Please say more here Are you Ok standing up for an hour or two without difficulty? No 🗖 Yes 🛛 Are you Ok Sitting down for two hours or more? Yes 🛛 No 🗆 Can you walk Ok? No 🛛 Yes 🛛 Can you kneel down for a long time? Yes 🛛 No 🗆 Can you lift things? No 🗖 Yes 🛛 Can you carry things? Yes 🛛 No 🗖 Are you ok at using your hands? Yes 🛛 No 🛛 Can you balance OK? Yes 🛛 No

Do you have problems with any of the following

Some of these issues will be most relevant to people with an Autistic Spectrum Condition



Spatial awareness

For example: finding your way around, coping with crowded places



Yes D No D

Please tell us about any allergies you have







Please say more here

Please tell us about your education and training

This includes school, college, university and any other training.

School or college attended	Dates attended

What courses did you do?

What skills, qualifications and certificates did you gain? Include any certificates including sports, good behaviour, progress

What subjects and courses do you enjoy?

What subjects and courses do you not enjoy?











What experience of work do you have?

If relevant, tell us about any work experience, voluntary or paid jobs you have had.

Type of work experience (what you did)	Employer's address

When did you do this work experience? (school year is sufficient)

How many hours a week did you work?

What did you enjoy about this placement?



Have you ever had a paid or unpaid job? YES/NO

If yes, what did you do?

What was the best thing about the job?







Please tell us what you do in a typical week now

Day	Daytime	Evening
Mon Monday		
Tue Tuesday		
Wed Wednesday		
Thu Thursday		
Fri Friday		
Sat Saturday		
Sun Sunday		

Finding the right job for you

Please tell us why you want a job?

This could be to earn money, meet people, to learn new things or because you would enjoy it.

If you had a job how many days a week would you like to work?

1, 2 3, 4, or 5 days a week. Think about whether you would be happy to work weekends



Tick the boxes under the days and write any further information in the box below

Tell us what times of the day you would be happy to work

For example: during the day, early mornings, evenings, during the night



Can you work a full day up to 8 hours? Please say more in box below



Would you like to work mainly on your own or as part of a team of people?



Do you want a job where you are mostly moving around or sitting down?



Places of work

There are many different places you can work.

Here are some examples.

Use the photos to help with making choices.

Tick any that the young person would consider.

Refer to Section 3 of the workbook

Any other workplaces people think of can be added in the box below.

1. Airp	port	2.	Shop
3. Sup	ermarket	4.	Superstore
5. Cafe	9	6.	Restaurant
7. Pub		8.	Fast food
9. Gar	den Centre	10.	Hospital
11. Hair	dressers	12.	Hotel
13. Offic	ce	14.	School
15. Coll	ege	16.	Leisure Centre
17. Buil	ding site	18.	Childcare centre
19. Gar	age	20.	Car showroom
21. Petr	ol station	22.	Gardens
23. Rail	way station	24.	Bus station
25. Farr	n	26.	Countryside
27. Ken	nels/cattery	28.	Outdoor events





Leisure Centre	
₹ , 1 0	m



30. Day centre
32. Cinema
34. Warehouse
36. Car park
38. Laboratory



Types of work

Please use the list on Section 5a of the workbook about specific types of work that you can do to help you refine your ideas.

Job type 1: tasks I would be interested in doing

Job type 2: tasks I would be interested in doing

Job type 3: tasks I would be interested in doing

Please add below any thoughts about any possible local employers relating to the job areas mentioned

How do you travel around?

Some relevant information is likely to be included in the My Future, My Choice document

Tick the boxes to show how the person travels

- □ Walk to places on my own
- □ Walk to places with a supporter
- Drive myself



- Get a lift in a car
- □ On the bus by myself
- □ On the bus with a supporter
- □ On the train on my own
- □ On the train with a supporter
- Cycle



Use taxi's



□ Use special transport like Dial a Ride





Do you have a bus pass or a railcard ?



Do you need help with learning to travel around?



Summary of the help the young person needs with travel

		н	ow independe	nt are y	/ou at home'	?
Can	you	cook meal	s?			
Yes		No 🗆	With help		G	
Can	you	do housev	vork and laund	ry?	\bigwedge	
Yes		No 🗆	With help			
Can	you	do food s	hopping?			
Yes		No 🗆	With help			
Can	you	do the re	cycling and p	ut it ou	t?	"We Recycle!"
Yes		No 🗆	With help			
Can	you	use the ph	one?		- Res	
Yes !		No 🗆	With help			
Say	y mo	re here				

How independent you are withmoney ?

Some relevant information is likely to be included in the My Future, My Choice document

Do you h	Bank			
Yes □	No 🗆			
Can you	use a cred	lit or debit care	d? (If over 16)	
Yes □	No 🗆	With help		
Can you	pay mone	y in at the banl	k?	Bank
Yes 🛛	No 🗆	With help		
Can you	use a cash	point machine	e?	
Yes □	No 🗆	With help		
Can you things in		he right mone	y to buy	shop
See exer needed.	cises in se	ction 7 of the v	vorkbook, if	



Bank of Eng Restours

Section 2

Do you need help to work out the right change in a shop?



Yes D No D With help D

Say more here

How independent you are with reading and writing?

Can you read a letter or leaflet? See example letter and

leaflet in workbook

Yes		No □ !	With help		
Can	you fi	ll in forms li	ke this one?		
Yes		No 🗆	With help		
Can	you w	rite a shopp	oing list?		
Yes		No 🗆	With help		
Use	the ex		r train timeta and train time	ble? etables in the	
Yes		No 🗆	With help		
Note	-		for yoursel	? included in th	ne
Yes		No 🗆	With help		
	-	nd an interr g. BBC new	-	ave not visit	ed
Yes		No 🗆	With help		



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Bread Apples Milk Bananas Orange Juice	
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Bus Times			
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www

Can you use email?

Yes □ No □ With help □



Say more here

### How independent you are with time?

Can	you	tell the tir	ne?		
Yes		No 🗆	With help		$ \begin{pmatrix} 10 \\ 9 \\ 8 \\ 7 \\ 6 \\ 5 \end{pmatrix} $
Can	you	understar	nd a 12 hour clo	ck?	
Yes		No 🗆	With help		8 4 7 6 5 4
Can	you	understar	nd a digital clock	(?	1 1:5 9
Yes		No 🗆	With help		
Can	you	getto a	ppointments or	ntime?	
Yes		No 🗆	With help		
Can	you	work out	how long it take	es to ge	t somewhere?
Yes		No 🗆	With help		\$7/€ 3 [×]
Sa	y mo	ore here			

### How independent you are with phones?

Canvoi	ı use a tele	ephone?	
-		With help	
Canyou	ı use a mob	ile phone?	
Yes □	No 🗆	With help  □	
Canyou	send a text	tmessage?	
Yes 🛛	No 🗆	With help  □	
Can you messag		cemail or answer-phone	
Yes 🛛	No 🗆	With help D	

Other things you may need help with			
Please to	Please tell us if you need help with any of the following things:		
	lean and tidy		
Yes 🛛	No 🗆		CECCORANT
Having a	bath or shower regularly		
Yes □	No 🗆		
Rememb	ering to wear clean clothes		
Yes □	No 🗆		
Budgetin	g money	Bank of England TherPounds <b>£5</b>	
Yes □	No 🗆		
Rememb	ering dates for appointments		May
Yes □	No 🗆		17
Making c	hoices		?
Yes 🛛	No 🗆		Č

Looking	after your health	$\square$
Yes 🛛	No 🗆	S
Understa	nding information	
Yes 🛛	No 🗆	
Concent	rating	
Yes 🛛	No 🗆	
Worrying	or getting stressed	
Yes □	No 🗆	
Say more here		

#### **Communication, Information and Learning**

## Please tell us how you communication and access information:

Do you c	ommunicate by speaking	
Yes □	No 🗆	

#### Do you use any other things to support your communication

(please tick all that apply)

- □ Makaton signing
- □ BSL Signing
- Pictures or symbols

#### Do you use any other things to support your communication

(please tick all that apply) Writing only

Large print

Section 2

Large print with pictures (Easy Read)



- Being shown what to do
- □ Having a list that tells me what to do
- Using pictures to show me what to do







Please tell us more in the box below

#### Summary of the help I need with these things -

Please also tell us any other things that may affect your communication, for example 'English is not my first language'

#### Please tell us about any special equipment or help you may need at work,

For example:

- A special chair
- Equipment to help you see your computer screen

Summary of the help I need with these things

- A special phone
- Sign language interpretor

A Job Coach (Someone who can help you learn the tasks you need to do in a job)















desk
### Do you know what benefits you get?



If 'No' skip this question.



#### Please list them



Social rules of work



Each workplace has rules about things like: using your phone, what to do at breaks, smoking, talking at work, keeping things private and food and drink.



#### Signed and dated

Name of person completing this form (BLOCK	LETTERS)
Role in organisation:	
Signature	Date://
Signed by young person	
Signature:	Date://



Special Educational Needs & Disability

Bath and North East Somerset Council is grateful for the use of this document that was produced by Employability in Surrey, now part of Surrey Choices.

Section 2

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At an airport



## Working in a shop



#### Working in a supermarket



### Working in a cafe



Working in a pub



#### Working in a superstore



#### Working in a restaurant



#### A fast food store





**Building Site** 



Garage



#### Childcare Centre



#### Car Showroom



**Petrol Station** 



Gardens



Railway Station

**Bus Station** 







Working in a cattery or kennels



Working in a stables



In a theatre



Countryside



Working at an outdoor event



In a day centre



In a cinema



#### In a factory



#### In a warehouse



In people's homes



In a library



In a car park



#### In a laboratory



## Some Job Options by Settings

- Airport customer services, security workers, working in shops or restaurants, cleaners, baggage handling, assisting with runway procedures, flight attendants who work directly with passengers during the flight.
- 2. Shop serving customers, stocking shelves, home delivery, cleaning
- **3. Supermarket** serving customers, stocking shelves, home delivery, trolley, collection, cleaning
- **4. Superstore** serving customers, stocking shelves, home delivery, trolley, collection, cleaning, provide customer directions, returns and customer help desk, tidying packaging and recycling. Sometimes there is a crèche.
- **5. Café** cooking, making drinks, clearing tables, washing up/loading the dishwasher, cleaning, emptying bins, serving customers
- 6. Restaurant cooking, making drinks, taking orders and waiting on, clearing tables, washing up/loading the dishwasher, clearing, emptying bins, taking bookings from customers.
- Pub serving drinks, washing up/loading the dishwasher, cleaning, emptying bins, restocking the drinks. If they also sell food: cooking, waiting on, clearing tables, taking bookings from customers.
- 8. Fast food outlet simple cooking, making drinks, clearing tables, cleaning, emptying bins, restocking the food and drink supplies.
- Garden Centre tending plants including regular watering, stocking shelves, keeping areas inside and out clean and tidy, aquarium keeper, moving heavy items, serving customers, café work.
- 10. Hospital porter, medical records, sterilising services, keeping medical supplies stocked up, data entry, plaster technician, lab work patient support, working in a shop, cleaning, café/restaurant (as above) meal service, mortuary work, car park attendant, grounds work.

- **11. Hairdresser** taking coats from clients, providing the gowns, washing and topping up the towels, offering drinks to clients and keeping the salon clean, washing, cutting and styling hair.
- 12. Hotel receptionist, portering, cleaning rooms, making beds, replenishing bathrooms supplies, kitchen work, waiting on in the restaurant, bar work (as for pub) office work, sometimes there is a spa, gym and swimming pool so pool/gym attendants, masseuse and beauty jobs also exist.
- **13. Office** filing, photocopying, answering the phone, reception duties (if a large office), data entry and analysis organising events, writing reports, shredding, post duties, minute taking and stationery stock and control.
- **14. School** lunch time assistant, LSA, catering, playground duties, office work (as above), grounds work. If there is a pool/gym, pool/gym attendant, sports assistant, teacher, escort for transport especially if it is a special school.
- **15. College** lecturer, lab technician, catering staff, learning supporter, receptionist, sports assistant, cleaner, librarian, grounds work, car park attendant (sometimes)
- 16. Leisure Centre roles may include pool attendant, cleaner, receptionist or crèche worker. There will generally be office work, someone responsible for maintaining sports equipment, setting up rooms prior to classes. There may also be bar or café work.
- **17. Building site** roles include: crane driver, builder, plasterer, plumber, general labourer, electrician, lorry driver, waste disposal, surveyor.
- **18.** Childcare centre playing with children, nappy changing and keeping children clean, preparation of food and drink, feeding infants and supervising meals of older children, laundry, cleaning toys and ensuring they are safe, supervising outdoor play, disciplining children, supervising nap time.
- **19. Garage** replacing tyres, servicing and repairing car engines, replacing exhausts, car body repairs and resprays, car cleaning (inside and out), receptionist, ordering car parts, cleaning and tidying the garage to keep the environment safe.

- 20. Car Showroom car cleaning (inside and out), car sales, moving cars around the site, ordering spare parts. Sometimes there is a garage for repairs on site so all of the above would then apply.
- **21. Petrol Station** setting pumps to run for customers, taking money for fuel and other items, dealing with deliveries of fuel and other stock, cleaning the shop, stocking the shelves, ensuring that customers stay safe (e.g. stopping them smoking near fuel tanks).
- **22. Gardens (& parks)** raking, sweeping and general tidying up, emptying bins sometimes, planting out, weeding, mowing grass, cutting back bushes and trees.
- **23.** Railway station selling and checking tickets, making sure that passengers get on and off the train safely, helping to load and unload luggage, signalling the guard or driver to depart, updating message displays showing passenger information, making passenger announcements, operating CCTV cameras, giving out information on services, routes, train times and delays. In smaller stations there may be other tasks such as cleaning or clearing snow and ice off platforms during the winter.
- 24. Bus station selling and checking tickets, making passenger announcements, operating CCTV cameras, giving out information on services, routes, bus times and delays, keeping the environment clean. If there are shops and kiosks, then see above.
- **25. Farm** shepherd including lambing during season, tractor driving/ploughing and operating heavy machines, caring for woodlands (tree maintenance and conservation work), some planting of crops, maintenance of fences, out buildings etc., possibly some management of horses (feeding, grooming, mucking out and riding), going to market with livestock, daily routine of feeding, watering, checking and protecting animals from harm.
- **26. Countryside** hedge and woodland management, conservation of protected areas of specific interest or areas of outstanding natural beauty. Projection of wildlife such as bats, frogs, newts and small mammals.

- **27. Kennels or cattery** providing animals with food and water at least twice a day. Keeping living areas clean, laundry of pet bedding, dealing with queries from pet owners, taking bookings, providing reassurance and feedback to owners after pet stays, taking animals to veterinary clinics if they are unwell.
- **28.** Outdoor events setting up temporary structures such as marquees and toilet blocks, preparing the site for car parking and minimising visitor damage – this can involve operating heavy machinery. At events there will be customer service jobs, restocking of any items that are running low, cleaning services, making sure that visitors are kept safe, car park attendant duties, programme, food and drink sales. Afterwards there will be cleaning and restoration jobs to put the site back into a good state.
- **29. Stables** management of horses: feeding, grooming, mucking out and riding, plus care of all riding equipment. Assisting any customers with their riding equipment and ensuring that horses and riders stay as safe as possible.
- **30. Day Centre** ensuring that people attending are comfortable and are helped to do some kind of meaningful activity, which may involve supporting them to visit the local community. There will be food and drink preparation, laundry and cleaning work in a day centre. There may also be specialist roles such as those of art, music, occupational or speech therapists. There will be care assistant and transport jobs (driver and escort roles) associated with most centres. There will also be some office work (see above for options).
- **31. Theatre** there are many backstage jobs such as makeup artist, scenery design, construction and installation, costume make and wardrobe manager, sound operators, lighting technician, production assistant, director, producer and theatre manager. There are also 'front of house' jobs such as ticket sales, advertising, office work, theatre manager and assistants as well as roles for gifted dancers, singers and actors.
- **32. Cinema** ticket sales, ticket collector, cleaner, projectionist, food and drink sales person

- **33. Factory** there are roles working on an assembly line making whatever the factory produces. Weighing, packing and storage roles will exists in most factories. Engineering roles are also needed to support the efficient running of the equipment used. Cleaning, marketing, public relations and management jobs are general available too.
- **34. Warehouse** storage, loading and unloading of goods, possibly using a forklift truck. In services where the company provides stock for online shoppers or other retail partners, there will be picking of items, packing and loading work involved this will often be directly onto a lorry. There is often a work canteen so catering jobs may also be available.
- **35. People's homes** this can be to provide care to an elderly or disabled person, childcare, cleaning or practical tasks such as changing light bulbs, fixing a broken item or doing the gardening. There are many agencies offering one or more of these support services.
- **36. Car park** ensuring that people pay to park, providing help to find a space, providing information to drivers and keeping the car park clean and tidy.
- 37. Library librarians and library assistants' roles involve dealing with customers, dealing with their requests about books, journals and multimedia, keeping the loans and stock up to date on the database, ensuring stock is kept presented in an orderly way and supporting any activities such as reading groups that take place in the library.
- **38.** Laboratory work there are different levels of jobs in a laboratory and there will usually be a senior scientist who is in charge. Tasks for a technician are likely to include correctly setting up equipment for experiments or demonstrations and maintaining and storing equipment. In addition, the order of equipment may be a required part of the job, as may assisting a teacher or scientist with experiments.

## What kinds of things do you enjoy in your spare time?

What interests / hobbies do you have?





Watching TV





Going to the gym



Judo / karate



Singing



Rugby





Cricket





## Netball / basketball



Listening to music



Eating \ going out to eat



Bowling



Playing a musical instrument

Playing board games



Sunbathing



Camping

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Mountaineering



Theatre



Cinema



Gardening



Cooking



Cleaning



Reading

Page 4 of 5





Talking to my friends

Spending time with my pets



Horse riding



## **Exercises with Money**

#### **Exercise 1**

You want to buy a bar of chocolate in a shop. The bar costs **65 pence** but you don't have much change. You have two notes and one coin. Which of the following to you offer the shop keeper?

Please assume that you do not want lots of change in your pocket.



#### Exercise 2

You bought a banana that cost you **40 pence** and gave the shopkeeper **one pound (£1).** How much change do you need?

Please use real coins for this exercise if possible.



B&Q Recruitment Manager Muller Road Bristol BS9 5RT

Mr. Tom Brown 54 Ridgeway Road Bristol BS5 7AD

Dear Tom

#### **Re. Post of Gardening Assistant**

We are pleased to invite you for a work trial starting on Monday 17th May and ending on 21st May.

If you wish to attend, please let us know and we will allocate our head of gardening section to be available to meet you and explain the tasks you need to do.

We open at 8 am and would like to see you at 8.30 am on 17th.

Please contact me on the number below to confirm that you will be attending.

Best wishes

Mark

Mark Ellis Recruitment Manager Telephone 07777 4567890 ۲



#### Mondays & Fridays

8.45am-3.30pm

#### Remember:

Bring lunch, snacks and plenty of drinks.

Always ensure you have layers of clothing to take off or put on.

#### **Contact Details**

Rake Up & Grow Cleeve Court Cleeve Green Twerton Bath BA2 1RS Telephone: 01225 396794 Email: sally.heselton@sirona-cic.org.uk



More information about the services we offer can be found on our website **www.sirona-cic.org.uk** Or telephone us on **01225 831400** 

# Sirona care&health

# Rake Up & Grow Grounds Maintenance & Training





Section 8

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Working in the community with different abilities.



We are an organisation run for trainees doing gardening services predominantly with contracts in grounds for schools and Day Centres.

#### Who can use our services?



We predominantly work with adults with disabilities as work training experience in real grounds.

We are also open to Volunteers from all walks of life who wish to support adults in horticulture or learn about horticulture themselves.

# Monday Friday

We operate on 2 days a week and manage a 14 acre footprint using machinery and taking care of grass, hedges and walkways.



"Learn new skills and meet new people in a supported and friendly environment".



Sally Heselton, who supervises this project, is a trained horticulturalist who has lectured in industry-based horticulture and gardening courses at Wiltshire College, Lackham and Radstock College. All staff are trained and qualified in horticulture.

'Rake Up and Grow' is a community garden service working with different abilities in the community.



Section 8

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17/02/2014 10:26

1. Journey details	2. Train ti	mes	3.	Choose sea	ats	4. Getting ticket	s 5	. Payment	6.	Confirmati	ion	
Single from Bath Spa	a to Br	istol Te	mple N	leads c	hange jour							
	C 1	Dut <b>Thursday</b>	14 Jan 2(			-						
		< Earlier			Later >							
	Depart	BTH 09:28	BTH 09:36	BTH 10:02	BTH 10:09							
	Arrive	BRI 09:43	BRI 09:51	BRI 10:15	BRI 10:28							
	Duration	0h 15m	0h 15m	0h 13m	0h 19m							
(	Changes	<u>0</u> 0	<u>0</u> 0	<u>0</u> 0	<u>0</u> 0							
Cheapest Standar	rd Single	0 £7.50	Cheapest	Cheapest	Cheapest O £7.30							
<u>Off-Peak Day Single</u> Any off-peak train.			Cheapest	Cheapest	Cheapest O £7.30							
Anytime Day Single Travel any time of day.		0 £7.50	0 £7.50	0 £7.50	0 £7.50							
First Anytime Day Single Travel any time of day.		0 £10.90		0 £10.90								

available.

## **Timetables for Service Number: 15**

Monday to Friday - University Term Valid from: 10/01/2016 Valid until further notice.

## 15 CITY CENTRE - BATH SPA UNIVERSITY Via Lower Bristol Road, Newbridge Road

Service No.: Notes:	15	1	5	1	5			15	15
Bath, Bus Station [15]	070	0 07	20	073	30	and	b	1810	1825
Bus Station, Dorchester Street (S) [Bk]			-			at			
Oldfield Park, St. James Cemetery	070	8 07	28	073	39	fre	quent	1818	1833
Newton St. Loe, The Globe	071	9 07	39	07	51	inte	ervals	1830	1845
Bath Spa University	072	4 07	44	07	56	unt	il	1835	1850
Service No.:		15	1	5	1	5	15	15	15
Notes:									
Bath, Bus Station [15]		1840	18	55	19	10	1940	2010	2040
Bus Station, Dorchester Street (S) [Bk]	-			-		-			
Oldfield Park, St. James Cemetery		1848	19	03	19	16	1946	2016	2046
Newton St. Loe, The Glo	be ′	1900	19	13	19	26	1956	2026	2056
Bath Spa University		1905	19	18	19	31	2001	2031	2101

Service No.:	15	15	15	15	15	15
Notes:						
Bath, Bus Station [15]	2110	2140	2240			
Bus Station, Dorchester Street (S) [Bk]				2340	0040	0140
Oldfield Park, St. James Cemetery	2116	2146	2246	2346	0046	0146
Newton St. Loe, The Globe	2126	2156	2256	2356	0056	0156
Bath Spa University	2131	2201	2301	0001	0101	0201

Service No.:	15
Notes:	
Bath, Bus Station [15]	
Bus Station, Dorchester Street (S) [Bk]	0240
Oldfield Park, St. James Cemetery	0246
Newton St. Loe, The Globe	0256
Bath Spa University	0301

General Notes:

Additional journeys may operate for special events at Bath Spa University

15 BATH SPA UNIVERSITY - CITY CENTRE Via Newbridge Road, Lower Bristol Road

Service No.: Notes:	15	15	15	15	15	15
Bath Spa University	0728	0748	0758	0808	0818	0828
Newton St. Loe, The Globe	0733	0753	0803	0813	0823	0833
Oldfield Park, Sainsburys	0746	0806	0816	0826	0836	0846
Bath, Bus Station [15]	0755	0815	0825	0835	0845	0855
Service No.: Notes:	15	15	15	15	15	15
Bath Spa University	0838	0848	0858	0908	0923	0935
Newton St. Loe, The Globe	0843	0853	0903	0913	0928	0940
Oldfield Park, Sainsburys	0856	0906	0916	0926	0941	0951
Bath, Bus Station [15]	0905	0915	0925	0935	0950	1000
Service No.: Notes:		15	15	15	15	15
Bath Spa University		1820	1830	1840	1855	1910
Newton St. Loe, and at free The Globe	quent	1825	1835	1845	1900	1915
Oldfield Park, intervals Sainsburys	until	1836	1846	1856	1908	1923
Bath, Bus Station [15]		1845	1855	1905	1914	1929

Service No.: Notes:	15	15	15	15	15	15
Bath Spa University	1925	1940	2010	2040	2110	2140
Newton St. Loe, The Globe	1930	1945	2015	2045	2115	2145
Oldfield Park, Sainsburys	1938	1953	2023	2053	2123	2153
Bath, Bus Station [15]	1944	1959	2029	2059	2129	2159
Service No.:	15	15	15	15	15	
Notes:						
Bath Spa University	2210	2310	0010	0110	0210	
Bath Spa University Newton St. Loe, The Globe			0010 0015			
1 2	2215	2315		0115	0215	

General Notes:

Additional journeys may operate for special events at Bath Spa University Please note – this CV is not about a real person

# **Curriculum Vitae**

Jane Thorne

Date of birth : 12.6.97 2 Baker Street Bath BA1 6XX

#### Experience and skills

I have had several part time jobs working in a number of cafes and shops in Bath. I have worked as a kitchen assistant clearing tables, washing up and more recently I have been involved in food preparation. I have worked on the till and I have been told I am good with customers. I like helping customers make choices and I enjoy chatting to them.

#### **Education and qualifications**

I attended Bushways special school in Preston, Lancashire until I was 11 years old when my family moved to Bath.

I attended Routeway School in Odd Down until July 2015. I followed an ASDAN course for some time but managed to get GCSEs in Art, English, Music and IT. I am now attending Bath City College two days a week and I am doing a level 2 in hospitality.

#### Other certificates

I have completed a food hygiene course and have a level 1 qualification I am planning to do a higher level course starting in January.

continued ...

I was awarded 'Employee of the Month' when I worked for Boston Tea Party last summer and I am now working there each Saturday.

#### My interests and hobbies

I love ten pin bowling, ballroom and tap dancing. I am a keen artist and enjoy sketching and drawing when get the time. I have a pet dog and I take him for a walk every morning and evening.

#### What employers have said about me

'Jane is always reliable – she turns up to work on time and always has a smile for everyone. She does her work to a high standard and she is learning new skills all the time.'

#### Chris, Manager at Boston Tea Party

'Jane worked every Saturday for about a year and in that time she was a really good employee. She worked well with customers and always did a good job of clearing the tables and keeping everywhere clean and tidy.'

Margaret Vaughan, Assistant Manager at the Green Bean Café

## Exercise in judging time

How long does it take you to go by car from your house to the centre of Bath?



Or

How long does it take you to get to school / college



# SUMMARY SHEET



## My job preferences and other relevant information

Please attach this document to the education, health and care plan so that this information can be used for planning any work experience or job applications. Please review it alongside the main plan. Please note that *** in the questions means the name of the young person and this should be inserted in the text.

Name of young person	
Aspirations about work	
Types of jobs young person would consider	

Things that *** is positive about in a work setting. For example being outdoors /indoors, part of a team, lone working, busy/quiet, sitting down/walking around.

Things *** is positive about in a work setting	
Things *** would not want in a work setting	
Preferred hours (early/da	ay/late/night shifts)
Morning Day	•
Preferred days (number a	and days)
Mon Tue Monday	Wed Thu Fri Sat Sun   redressday Thursday Friday Saturday Sunday

Key skills and experience that *** already has from home, school or leisure activities. Include phone, time keeping, reading, IT and number work
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------

***

## 's best way to learn

## Personal care considerations



Possible travel arrangements



Any specific health and safety factors to be considered	
Any other important information about ***	
and work, including support likely to be needed	

Who completed this form?		
	Name:	Date:

Has this form been shared with *** ?	Young person?	Parent(s)?
	YES / NO	YES / NO
Parents?		

